

Transition Malvern Hills

INNER TRANSITION

Welcome to Inner Transition's new season's 2016-2017 programme. The feedback from members about the last two year's activities have emphasised a need to go deeper on the topics explored. To this end we have retained the monthly gatherings on the last Monday of the month 7.30-9.30pm

Finding harmony with Self, Others and Nature Programme 2016-17

Mon Sept.26	Living Life as Enquiry "making the road while walking" Action-reflection-action knowing can be rooted in critical reflection of one's actions.	Cube	Robin
Mon Oct 24	Mindful Living Thich Nhat Hahn's tradition of Engaged Buddhism offers us a way to nourish peace in ourselves, the world, and a deeper connection with the Earth	Cube	Lisa
Mon Nov 28th	Gandhi, Globalisation and Gratitude Introduction to Gandhi's principles for living. How to apply these today ?	Cube	Jonathan

Mon Jan 30	Work with Love Work is holy when the heart of the worker is fixed on the Highest. Karma Yoga	Cube	TBA
Mon Feb 27	Child, Adult, Elder: using guided imagery and discussion to discover the wisdom gained from our Life's path.	Cube	Hesther
Mon. March 27	Unconscious Reasoning It will help you access your imagination and use it in ways that you might never have imagined possible.	Cube	Robin

Mon April 24	Dare to Sing Unlock your natural voice with joy, gratitude & lots of laughter.	Cube	Janne
Mon May 29	Walking and reflecting. Walking, stopping and becoming the earth, air, trees and all.	Malvern Hills	Raphael
Mon June 26	Picnic, Poems and Peace Celebration of our time together.	Cube	All

Members also felt that there was a need to be more in touch with the earth and nature directly so we have included

***Vision Quest Day on 24 September**

*** Celtic Celebrations of the eight times of the year.**

*** “Gandhi Globalisation and Gratitude” a study group will be introduced on November 28th and will take place in a series of one or half day sessions over the year.**

Contact Raphael for more info; randhbate@gmail.com

Celtic Celebrations

Aug. 2	Lammas	Harvest Mother	Cube	Emma
Wed Sept 21	Autumn Equinox			Emma
Mon Oct 31	Samhain			E
Wed Dec 21st	Winter Solstice			E
Thurs Feb 2nd	Imbolc			E
Tues Mar 21st	Spring Equinox			E
Mon May 1st	Beltane			E
Wed June 21	Summer Solstice			E

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